



### OCTOBER BIRTHDAY'S

10-7 Marybeth kalna  
 10-17 Taicja Vislobokova  
 10-29 Signe Holloway  
 10-31 Mary Trabakino

# OCTOBER 2009

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

					<b>1</b> 10:00 Wellness 11:00 <b>Group/Marisol</b> 3:30 <b>Cocktail Hour</b> 6:30 Bingo w/ Staff	<b>2</b> 9:00 Shopping 9:00 Ed Moran Social Worker 1:30 <b>Balance &amp; Stretch</b> 6:30 Movie -RR	<b>3</b> 10:30 Yoga 11:00 Exercise -RR 1:30 <b>Conversations &amp; Prayer with Tony</b> 4:00 Bingo with Staff
10:00 Communion Eucharistic Ministry <b>4</b>	11:00 Tai Chi 7:00 Bible Study <b>5</b>	10:30 Arts & Crafts 1:30 Bridge w/Claire 2:00 <b>Hair Dresser</b> 2:30 <b>Horticultural</b> 6:30 Movie Night <b>6</b>	9:00 Shopping 11:00 Boutelle 6:30 Open Game-RR <b>7</b>	10:00 <b>Bookmobile</b> 11:00 <b>Group/Marisol</b> 3:30 <b>Cocktail Hour</b> 6:30 Bingo w/ Staff <b>8</b>	9:00 Shopping 9:00 Ed Moran Social Worker 1:30 <b>Balance &amp; Stretch</b> 6:30 Movie -RR <b>9</b>	10:30 Yoga 11:00 Exercise -RR 4:00 Bingo with Staff 6:30 Open Game -RR <b>10</b>	
10:00 Communion Eucharistic Ministry 2:30 <b>Ice Cream Social</b> <b>11</b>	11:00 Tai Chi 2:00 <b>Doris-Watercolor</b> 7:00 Bible Study <b>COLUMBUS DAY</b> <b>12</b>	10:00 Wellness 10:30 Arts & Crafts 1:30 Bridge w/Claire 2:00 <b>Hair Dresser</b> 6:30 Movie Night <b>13</b>	9:00 Shopping 10:00 <b>Nurse</b> 11:00 <b>St Mary Luncheon</b> 11:00 Boutelle 6:30 Open Game-RR <b>14</b>	10:00 Wellness 11:00 <b>Group/Marisol</b> 3:30 <b>Cocktail Hour</b> 6:30 Bingo w/ Staff <b>15</b>	9:00 Shopping 9:00 Ed Moran Social Worker 1:30 <b>Balance &amp; Stretch</b> 6:30 Movie -RR <b>16</b>	10:30 Yoga 11:00 Exercise-RR 1:30 <b>Conversations &amp; Prayer with Tony</b> 4:00 Bingo with Staff <b>17</b>	
10:00 Communion Eucharistic Ministry <b>18</b>	11:00 Tai Chi 7:00 Bible Study <b>19</b>	10:00 Wellness 10:30 Arts & Crafts 11:00 <b>Senior Health Fair</b> 1:30 Bridge w/Claire 2:00 <b>Hair Dresser</b> 2:30 <b>Horticultural</b> 6:30 Movie Night <b>20</b>	9:00 Shopping 11:00 Boutelle 11:00 <b>Christ Church Lunch</b> 6:30 Open Game-RR <b>21</b>	10:00 Wellness 11:00 <b>Group/Marisol</b> 3:30 <b>Cocktail Hour</b> 6:30 Bingo w/ Staff <b>22</b>	9:00 Shopping 9:00 Ed Moran Social Worker 1:30 <b>Balance &amp; Stretch</b> 6:30 Movie -RR <b>23</b>	10:30 Yoga 11:00 Exercise -RR 4:00 Bingo with Staff 6:30 Open Game -RR <b>24</b>	
10:00 Communion Eucharistic Ministry 2:30 <b>Ice Cream Social</b> <b>25</b>	11:00 Tai Chi 2:00 <b>Doris-Watercolor</b> 7:00 Bible Study <b>26</b>	10:00 Wellness 10:30 Arts & Crafts 11:00 <b>Mass</b> 1:30 Bridge w/Claire 2:00 <b>Hair Dresser</b> 6:30 Movie Night <b>27</b>	9:00 Shopping 11:00 Boutelle 6:30 Open Game-RR <b>28</b>	10:00 Wellness 10:00 <b>Bookmobile</b> 11:00 <b>Group/Marisol</b> 2:30 <b>Community Meeting</b> <b>29</b>	9:00 Shopping 9:00 Ed Moran Social Worker 1:30 <b>Balance &amp; Stretch</b> 2:30 <b>Halloween Party</b> 6:30 Movie -RR <b>30</b>	11:00 Exercise -RR 2:30 Yoga 4:00 Bingo with Staff 6:30 Open Game -RR <b>31</b> <b>HALLOWEEN</b>	

- ◆ 9:30 & 6:30 Everyday Walk Club
- ◆ Hair Salon: (by appointment only)  
Tuesday 2:00 A.M. (Sign up Sheet located on elevator bulletin board).

